

the newham mag

ISSUE 121

19 MAY 2007



Keep busy at half term

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the newham mag



Welcome to issue 121 of the Newham Mag, packed full of ideas for half-term and the latest in our series on Newham parks.

Find out how you can have your say on the Olympic Park site, and the

legacy it will leave for Newham, on page 19. I hope you enjoy the issue.

Jen



On the cover:
Find out what's on during half term on page 22.

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Look out for the next issue from 2 June

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**By 2010, Newham will be a major business location and
a place where people will choose to live and work**



In brief...

Council was right to revoke Players' licence

A decision by councillors to revoke the licence of a nightclub in East Ham where a gun and drugs were found has been supported by a court.

The Players Club in Southend Road lost an appeal against the decision by the council's licensing sub-committee in January to revoke its premises licence in order to prevent crime, disorder and public nuisance and to protect the public.

At Stratford Court, District Judge Celia Dawson dismissed the appeal by licence holder Larry O'Neil Simpson and said the club's management demonstrated "a lack of awareness of what is going on at the premises".

Is your dad one in a million?

The Newham Mag has teamed up with West Ham United Football Club to offer one lucky dad the chance to win a meal for four at Upton Park. Look out for details of how to nominate in the next magazine, out on Saturday 2 June.

Newham signs up to tackle climate change

Newham Council has become the latest authority to show its commitment to tackling climate change by signing the Nottingham Declaration.

The Nottingham Declaration is a voluntary pledge to address the issues of climate change. It is so named because it was launched at a conference in Nottingham of leaders, chief executives and senior managers from UK local government.

Police swoop on pavement traders

The council has warned shopkeepers it will not tolerate them trading illegally on pavements outside their shops.

Council enforcement officers and the Metropolitan Police swooped on a shop in High Street North, East Ham, which had failed to heed warnings on forecourt trading.

The swoop came as part of Operation Street Pride, which is cracking down on unlawful street trading, trade waste disposal, breaches of planning regulations, sale of counterfeit goods, fly-posting, fly-tipping, illegal parking, begging, touting and fraudulent use of disabled parking badges. Read more on page 15.



Police officers deal with illegal pavement trading

Have your say – a casino for Newham



Advisory Commission on the Newham Casino

The Advisory Commission on the Newham Casino is an independent body set up to examine the case for and against having a large casino in the London Borough of Newham.

Finding out the views of local people and other interested parties is important to us.

The Office for Public Management (OPM) will be collating your comments. Please send them, along with your name, address and contact details to: Advisory Commission, FREEPOST, OPM, 252B Gray's Inn Road, London WC1X 8XG or reply via email on commission@opm.co.uk

Please also let us know if you would like to submit verbal evidence.

The closing date for submissions is 31 May 2007.

Visit www.theadvisorycommission.com for more information. For free translation of the consultation paper please call 020 8430 6291.

Wanted – Newham Graduates for Newham Council

Newham Council, in partnership with the University of East London (UEL), is on the lookout for local graduates to join a new management trainee scheme.

Deputy Mayor Councillor Christine Bowden, explains: "We want the managers of tomorrow. Successful applicants could play a leading role in council-run community events, work in cutting-edge ICT, or help to ensure that Newham secures a lasting legacy heritage from the 2012 Games."

Trainees will work in four different parts of the council over two years, and receive a competitive salary. They will also study for a Diploma in Management Studies at UEL. Ian Bathgate of UEL, explains: "The course will provide a rounded knowledge and understanding of public service management."

All fees will be paid for by Newham Council. Applicants will need a degree and to currently live in, have their family home or have studied in Newham. See further details at www.newham.gov.uk/graduate

Plastic ain't my bag



Deputy Mayor Cllr Christine Bowden (R) and Cllr Pat Sheekey talk to children

A campaign to reduce plastic bag use was stepped up a pace by Newham Council.

Deputy Mayor Councillor Christine Bowden and Councillor Pat Sheekey, deputy community executive adviser on environment, were joined by children in Stratford.

They helped to promote the *Plastic Ain't My Bag* campaign,

which began life at the Community Links charity in Canning Town.

Cllrs Bowden and Sheekey spent time talking to children from Tollgate Primary School, Plaistow, and Godwin Junior School and St Angela's RC School, both in Forest Gate, about the disadvantages of plastic bags, while picking up some shopping.

The goods were packed into the campaign's more environmentally-friendly bags that were being promoted during a day of action at Sainsbury's, Morrisons, The Body Shop and market stalls in Stratford.

Silvertown Quays development ready to make a splash

A long-awaited £1.5 billion development in Silvertown has been given concrete approval by the council following the signing of a legal agreement that will deliver a raft of community benefits.

Silvertown Quays will transform the landscape of the Royal Docks and feature 5,000 new homes and a world class aquarium, Biota!

The redevelopment of the 26-hectare former industrial and largely derelict site on the south side of the Royal Victoria Dock, will provide a major mixed-use scheme in an attractive waterfront location.



An artist's impression of the aquarium and housing planned for Silvertown

Mayor about town



with
Sir Robin Wales



The mayor at The Topping out of East Thames Group's new Stratford HQ

Kaiserslautern visit

I enjoyed afternoon tea with the delegates from Newham's sister city, Kaiserslautern. Newham was twinned with the small German city more than 30 years ago and our long-standing relationship has been supported by many Civic Ambassadors and councillors.

During their stay the group also visited Holden Point tower block in Stratford for a bird's eye view of the 2012 Games site, ExCeL London,

the University of East London and Brick Lane Music Hall in Canning Town.

East Thames Group topping out ceremony

Last month I attended the topping out ceremony of East Thames Group's new headquarters in West Ham Lane, Stratford. Progress has been impressively swift as it was only in October that I was burying the time capsule as the foundations were laid. I was really pleased to see that, during construction, local people were given the opportunities to work and learn new skills.

"I was really pleased to see that, during construction, local people were given the opportunities to work and learn new skills".



The Mayor and councillors with the delegation from our twin city

Top attendance at Colegrave School

Congratulations to all the pupils of Colegrave Primary School in Stratford, who competed in the School Attendance Competition. In partnership with the council, the school promoted the awareness of good school attendance and I was there to celebrate the children's achievements.



A Colgrave pupil shows Sir Robin her poster when he visited her school

Be inspired



Fundays

Royal Docks Saturday May 19, 1pm – 5pm

Royal Victoria Gardens, Pier Road, North Woolwich E16

Getting there – Bus: 101, 474, 473 DLR: King George V

Forest Gate Saturday May 26, 1pm – 5pm

Forest Lane Park, Magpie Close, Forest Gate E7

Getting there – Bus: 58, 308, 330; Rail: Forest Gate

Plaistow Saturday June 2, 1pm – 5pm

Plaistow Park, Greengate Street, Plaistow E13

Getting there – Bus: 5, 15, 156, 147, 241, 262, 276, 325, 330, 473 Tube: Plaistow

Free fun for all!

Have a go at Olympic sports like football, volleyball, badminton, athletics, table tennis, martial arts, trampolining and many more.

Find out about the London 2012 Olympic Games and Paralympic Games, Newham Fit Club and Community Forums.

PLUS free entertainment, face painting, t-shirt workshop and bouncy castle.

**Bring the whole family
for a great day out!**

www.newham.com/2012Games

Telephone: 020 8430 2487



At the Forest Gate Funday... find out about the London 2012 Olympic Games and Paralympic Games at the London 2012 stand – an opportunity to ask questions and meet the organisers.



Nishard Jones was struggling to get into plumbing until he found out about apprenticeships. Now the 24 year old from Canning Town has scooped a top national award for his hard work and is well on the way to his dream of being a plumber.

The former Eastlea School pupil tells us why he enjoys his job so much and why apprenticeships gave him the opportunities he needed to reach his goals.

“When I finished school I studied

at college for two years to become a plumber, but after I finished the qualification it was hard for me to find a job because I had little experience in the industry,” says Nishard.

“I started going around construction sites asking if I could do a voluntary work placement, and eventually came across East Thames in Stratford who were willing to offer me some work.”

East Thames Housing Group offered

Nishard a position on a 16-week pilot project called Construct a Career. This gave Nishard the valuable skills he needed and after showing he could work hard, East Thames offered him an apprenticeship in plumbing.

“I was really happy when I found out I had got one,” says Nishard.

“I am now in college one day a week and East Thames pays for all my study and books.

Plumbing Brilliant

"When I'm not at college I do a lot of work with engineers and I move from section to section. I've been working on appliance breakdowns and now I'm moving onto servicing, where I carry out the yearly gas service on appliances.

"I travel all over East London to different addresses. You never know where you are going to go each day until you pick up your work sheet. That's what I like about this trade,

you are not stuck in one place."

Apprenticeships offer everything a young person needs to reach their career goals and Nishard strongly recommends them to anyone who has the will and determination to make the most of the opportunity.

"If you are dedicated then apprenticeships are a really good way for you to show a company you are willing to do some hard work," says Nishard.

"You gain a qualification and industry experience, while still getting a pay cheque at the end of the month, so you get everything you need."

Nishard's dedication impressed East Thames Housing Group so much that he was put forward for the National Apprentice of the Year 2007.

Against tough competition Nishard won the award for the contribution he has made to the company.

Brian Finch, gas servicing contract manager for East Thames, said of Nishard: "An apprentice from East Thames Group has never won this award before so it was a great day for us. Nishard has always been willing to learn and asks lots of questions. We are very proud of him."

Nishard travelled to Peterborough to collect the national award and a cheque for £500. He said: "East Thames could see I was dedicated to the industry which is why they nominated me. I went to a ceremony in Peterborough where I was presented with a cheque, certificate and award. I took my mum with me so she was very pleased!"

After achieving so much in his first two years, Nishard is setting his future ambitions high for when he has completed his apprenticeship.

**"Apprenticeships
are a really good
way for you to
show a company
you are willing
to do some
hard work."**

"I'd like to retire by 40 I think," he jokes.

"Perhaps not, but I would like to do my fair share of work, then perhaps travel and see the world a bit more. I lived in Jamaica until I was 13 so one day I'd like to go back and see my family."

To find out more information about apprenticeships, call 08000 150 600 or visit www.apprenticeships.org.uk



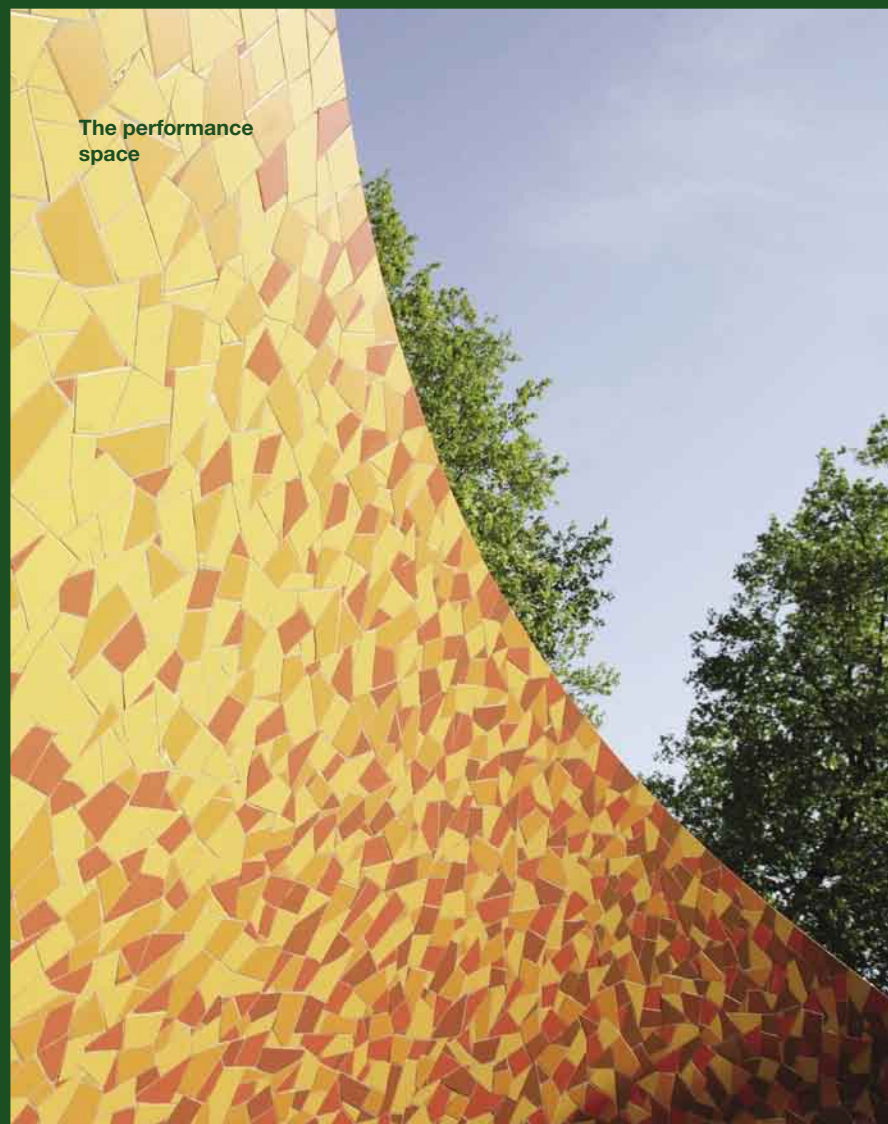
A family enjoys the fountain



The walled raised garden is maintained by the Parkside Gardening Group



A resident enjoys the peaceful green surroundings



The performance space

SOMETHING FOR ALL THE FAMILY AT STRATFORD PARK

In the latest of our series, we focus on what you can see and do at Stratford Park.

Stratford is one of the borough's Green Flag parks, just ten minutes' walk from the town centre and the rail and bus station.

Whether you just want a relaxing stroll, a picnic or to play sport, there is something for everyone in Stratford Park. It boasts lovely tree-lined avenues, eye-catching flowerbeds, a children's playground and paddling pool, tennis courts, a bowling green and a games area.

More than 430,000 people visited Stratford Park last year.

A modern performance space now sits on the site of the original bandstand, creating a new focal point in the park. The Discover Rainbow Meadow was created by local children to give visitors a chance to enjoy wildflowers and wildlife at first hand.

The Parkside Gardening Group, which is based in the park, is an employment project providing training, care and support for adults with learning difficulties and mental health needs. The group looks after the sensory garden, surrounding shrub borders and carries out other projects in the park.

Stratford Park – The past

Stratford Park has been an important part of borough life for more than 100 years. Originally the area next to Whalebone Lane was part of the grounds of a grand house named Senables or Sonables, which belonged to the Archdeacon of Essex from the 15th to 18th Century. By the second half of the 19th Century the house had gone but the estate was still in the possession of the Archdeacon, and included land and houses just off West Ham Lane. The freehold was sold to West Ham Council in 1899. That same year, the borough surveyor began drawing up plans for the first part of the park, next to Whalebone Lane, and in September of that year, put up the railings and the wall along that side. Circuses and public events were already being held here. Between 1902 and 1912, the park was made bigger by several land purchases.

Opened in 1898 as West Ham Lane Recreation Ground, many of the original features remain today; including the ornamental fountain, cast iron boundary railings, entrances and buildings. It was renamed Stratford Park in 1998.

Points of interest

Sport for all

Stratford Park has free tennis courts and a multi-use games area for informal use. If organised teams wish to book these facilities on a regular basis, they should contact Team Newham on 020 8430 5212 or email to wyn.marshall@veolia.co.uk.

Parkside Garden

In front of Parkside Gardening Group's offices, formerly the Park lodge, is the Parkside Garden, originally a garden for the visually impaired, it was designed and is now maintained by the Parkside Gardening Group. It lies within an area previously occupied by a putting green, which was closed in the 1980s.

Performance space

As the weather improves your group may be thinking of staging outdoor performances or need somewhere to be active outdoors in the fresh air. The council has created a modern performance area in the centre of Stratford Park. This is an ideal venue for small events or activities.

If you or someone you know needs somewhere outside to practice or perform acoustic music, yoga, tai chi, singing, dance, hold an exhibition or if you wish to stage your latest drama – then Stratford Park could be the place for you.

In order to encourage the use of this space we are currently allowing groups to use the facility free of charge. All you need to do is contact us using the details below.

Discover Rainbow Meadow

This section of the park was the last to be acquired. Following World War II there was a shortage of housing and pre-fabs (quickly assembled houses in kit form) were put up here. They were demolished in 1968 and the park was extended. Look closely at the railings and you can see where the old end and the new begin. Today children from the Discover Centre have turned part of the land into a wildflower meadow.

Stratford Park, West Ham Lane, Stratford E15.
www.newham.gov.uk/parks
yourparks@newham.gov.uk 020 8430 2000



WHAT'S GOING ON...

Wish you were here?

UEL is opening its doors to all visitors at the biggest ever summer Open Day on Saturday 16 June. Visitors will be able to enjoy guided tours of the campuses, talk to staff and students about the hundreds of programmes on offer, and pick up advice and guidance on all aspects of university life. Book your place today at www.uel.ac.uk/openday



Public Lecture series

Celebrating linguistic difference in multicultural Britain is the theme of Professor Peter Martin's inaugural public lecture at UEL's Stratford Campus on Tuesday 22 May. On Wednesday 3 June, Professor Andrew Silke from UEL's School of Law will talk on the psychology of terror. For further details, visit www.uel.ac.uk/lectureseries



All the fun of Mayfest



Hundreds of students and local residents celebrated the joys of spring in the sunshine at Mayfest 07, a free art and cultural festival held on the waterfront at UEL's Docklands Campus on Wednesday 2 May. The crowds enjoyed music, dance and theatrical performances, poetry and art.

The event kicked off with Samba Showdown, a stunning musical collaboration between The Hoxton Bloco, Godwin Junior School and UEL's own Barking Bateria. Live music and dance was a big feature of the day, with performances from Honey's Dance Academy, Solid Harmony gospel choir and UEL's very own Nostalgia Steel Band, climaxing in a multicultural carnival.

East London Theatre Archive launched

Famous names from the world of show business joined Lord Rix, Chancellor of the University of East London, on 2 May to celebrate the launch of the East London Theatre Archive. The event celebrated 25 years of new variety and marked the launch of the East London Theatre Archive Digitisation project, funded by the Joint Information Systems Committee as part of a £22 million national programme.

The Hackney Empire Archive has now been transferred to UEL's magnificent new library, recently opened by Her Majesty the Queen.

The new archive will include more than 15,000 endangered artefacts – playbills,

programmes, press cuttings, photographs and audiovisual materials - and make our rich theatrical heritage accessible to all.

East London has made a unique contribution to the development of world theatre, from the birth of music hall to the alternative comedy of the 1980s and contemporary stars.



UEL is rated among the leading modern (post-1992) universities in the UK according to the Guardian University Guide. For details of all programmes and to receive a copy of our new prospectus, contact 020 8223 3333 or visit www.uel.ac.uk

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EAST HAM COMMUNITY FORUM

youth event

Are you a young person keen to
be active and healthy?

it's our borough play your part

**Tuesday
May 22**

5pm – 7pm

Main Hall,
Newham Town
Hall, Barking Road,
East Ham E6 2RP

Bring your friends and come to the East Ham youth event

Find out about loads of fun things to do in our community. There'll be information
about different sports clubs and facilities, as well as health advice and people to
talk to and find out more.

PLUS – tell us your ideas for helping young people get active.

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**WIN
AN
IPOD**

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08000 130 393**

www.newham.gov.uk



MAKING NEWHAM SAFER

CRACKDOWN RESTORES PRIDE IN “UNIQUE” GREEN STREET

Cllr Corbett with officers from Operation Street Pride and resident Mr Singh Virdee

A drive to restore pride to Green Street saw a successful crackdown on illegal activity.

Fixed penalty and enforcement notices were issued, untaxed cars towed away and complaints investigated.

The continuing Operation Street Pride, which started in High Street North, East Ham last month, will now run from Barking Road to Romford Road.

It is a joint initiative between the council, Metropolitan and British Transport Police and the Driver and Vehicle Licensing Agency (DVLA).

It is cracking down on shopkeepers who sell knives to children, those who use the pavements as sales ground illegally, fly-tipping, planning breaches, sale of counterfeit goods, fly-posting, illegal parking, litter, begging, touting and other offences.

Executive adviser on crime and anti-social behaviour Councillor Ian Corbett said: “The pilot operation in East Ham’s High Street North was so successful that we are moving it onwards and upwards.

“It is inspired by requests from residents for us to target the area and

we will do our best for them.”

The operation ran for two weeks in Green Street. During the first week, officers identified many planning breaches, including several illegal changes of use from residential garages to businesses.

Two test purchases carried out saw a 13-year-old girl being illegally sold a set of craft knives. Trading standards staff inspected 36 premises, seized counterfeit

goods and gave advice regarding unlicensed mobile phone accessories, price marking and DVD classification issues.

CCTV picked up cases of fly-tipping, begging and prostitution as well as a potential fire risk and obstructions on the highway.

The joint resource team, made up of police and council officers, made more than 50 intelligence reports and food safety officers handed out notices with recommendations of work to be carried out at 39 businesses.

CASE STUDY

Harvinder Singh Virdee has been a resident of Neville Road, just off Green Street, for 35 years and is chairman of Green Street Community Forum.

“Green Street is very special. It is unlike any other street in the UK and is an important part of this borough,” he says.

“Not only does it house West Ham United Football Club, but it is one of the most popular Asian shopping streets in the country. Its rich international mix of shops is also something to be proud of.”

Harvinder, 49, adds: “The work the council and the police are doing is good to see. We need to make sure that Green Street remains the heart of our community and continues to be attractive to visitors. This clean-up should give it a new boost.”



TO REPORT ANTI-SOCIAL BEHAVIOUR, CALL NEWHAM’S 24-HOUR HOTLINE 0800 731 3300

Different strokes

Newham Councillor Abdul Shakoor shares his experience of recovering from a stroke

Abdul Shakoor, ward councillor for Green Street East, can always find something positive to say about his stroke. It happened while he was at work two years ago. “Suddenly the words just weren’t coming out. A colleague said I should go home, and when I tried to protest, I couldn’t say any of the words. They were in my head but weren’t coming out. I gave her my car keys and waved her away.”

His stroke had caused aphasia, a condition which affects the communication centres of the brain. It can make stroke survivors feel isolated because people don’t realise the extent of their disability. Speaking slowly and clearly often helps people with aphasia to feel more confident and included.

“I discovered that every stroke is different and that stroke survivors can achieve an amazing sense of community and fellowship together.”

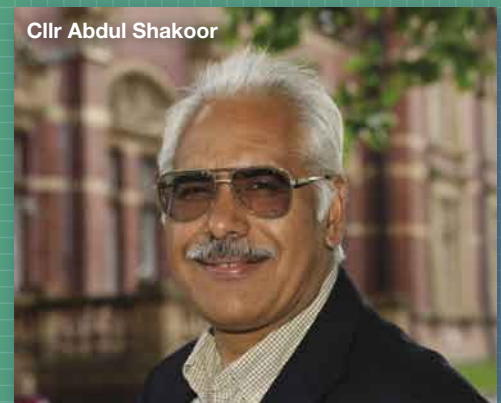
Movingly, it was Cllr Shakoor’s 13-year-old daughter who started to use pictures with words alongside them to help him to start to speak again. “I was being taught to speak by my own daughter, who was taught to speak by me as a small child all those years ago,” he said. He got his speech back gradually over a two-week period.

Cllr Shakoor pays tribute to Connect,

an organisation based in South London that supports people with communication disability. “The Speech and Language Therapists at Newham University Hospital referred me for a special three-day course. I discovered that stroke survivors can achieve an amazing sense of community and fellowship together.”

During Men’s Health Week there’s an opportunity to meet Cllr Shakoor and to learn more about stroke prevention. The Men’s Stroke Awareness Event has been supported by the Stroke Association, Newham Primary Care Trust and the council and is taking place at Katherine

Road Community Centre from 2pm on 14 June. All are welcome.



Cllr Abdul Shakoor

What is a stroke?

Every year, more than 130,000 people in the UK have a stroke. That’s one person every five minutes. Most are over 65, but anyone can have a stroke. Around 1,000 people under 30 have a stroke each year.

Stroke is the third most common cause of death in the UK and the most common cause of severe disability.

Why a stroke happens

A stroke is a brain attack. It happens when the blood supply to a part of the brain is cut off by:

- **a blockage** – called an ischaemic stroke; or

- **a bleed** – called an haemorrhagic stroke.

When the blood supply is interrupted, the brain doesn’t get the oxygen it needs and brain cells begin to shut down and die. Dead brain cells do not recover.

Because the brain controls everything we do, damage to the brain affects our abilities.

Common symptoms include paralysis on one side of the body, drooping and weakness of one side of the face, communication problems and loss of sight or blurred vision.

What makes a stroke happen?

A stroke happens when there is something wrong with blood flow – a person's vascular system. The two major causes of this are narrowing, furring, hardening or weakening of blood vessels (arteries) or thickening of the blood.

People most likely to have a stroke are those at risk of these conditions, for example, older people and those with medical problems such as high blood pressure (hypertension) and diabetes. Lifestyle factors such as diet, drinking, smoking and activity levels also affect your risk.

Get your blood pressure checked

High blood pressure causes the arteries to furr up (atherosclerosis) and puts extra strain on the blood vessels. You may not know if you have high blood pressure, so you should have it checked regularly.



Make sure other medical conditions are controlled

A number of other medical problems increase your risk of a stroke, including:

- heart disease
- irregular heartbeat (atrial fibrillation)
- high cholesterol
- diabetes

Your doctor can prescribe medication to help keep these conditions under control.

Tackle stress and depression

Many things in life – like overwork, redundancy, family problems and bereavement – can lead to stress and depression. These take a physical toll on the body, and if they are not treated they can contribute to long term health problems. It's important that you get any help you need from your doctor or other health professional.

Find out about the contraceptive pill and HRT

Hormones can make the blood thicker and more likely to clot, and they may increase the risk of a stroke. Hormone treatments for women include:

- the combined contraceptive pill (containing both oestrogen and progesterone); and
- hormone replacement therapy (HRT).

Stopping a stroke happening again

You are more likely to have a stroke again if you don't take steps to prevent it. Even after a stroke, it's not too late to change your lifestyle and improve your health. The risk of a stroke increases in people who have had a stroke or a mini stroke. To reduce the risk:

- take your doctor's advice on lifestyle changes (such as diet, weight, smoking, exercise and alcohol);
- make sure your blood pressure is controlled and checked regularly; and
- take any medication prescribed to help stop blood clotting or reduce cholesterol.

Joining a stroke club is a good way to share your experiences and talk to other people about how they cope after a stroke. Contact The Stroke Association on 0845 3033 100 or visit www.stroke.org.uk



BANK HOLIDAY

Revised refuse and recycling collection service for residential and commercial users for late Spring Bank Holiday 2007.

NORMAL DAY OF COLLECTION

Monday May 28 (Public Holiday) Tuesday May 29
Tuesday May 29 Wednesday May 30
Wednesday May 30 Thursday May 31
Thursday May 31 Friday June 1
Friday June 1 Saturday June 2

REVISED DAY OF COLLECTION

NORMAL COLLECTION RESUMES MONDAY JUNE 4

How many bags of compost do you buy a year?



Calculate the cost.

Mounts up, doesn't it?

Newham residents have a cheaper and easier way of getting compost for the garden. Just think, no more time and effort spent lugging bags from the garden centre, and you'll be saving money too.

Take advantage of this fab offer, exclusive to Newham residents, of a compost bin for as little as £4 for standard size gardens or a larger one for £5 for bigger gardens.

Standard 220ltr

Only £4

RRP £30

Ideal for small to medium gardens
H90cm x D74cm
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compost bins, call our 24hr hotline
on **0845 130 60 90**)

recycling@newham.gov.uk

www.newham.gov.uk/services/recycling

HAVE YOUR SAY ON THE OLYMPIC PARK

Borough residents have an important part to play in the planning of the Olympic Park – more than 60 per cent of which will be in Newham – so make sure you have your say before the consultation closes on June 15.

Newham Council has objected to the Olympic Delivery Authority's (ODA) plans at this stage because it has concerns about how they will impact on local people.

Mayor of Newham, Sir Robin Wales, said: "We do have some concerns about the planning applications – not least because the Park is now substantially smaller than proposed during the bid phase. We have asked the ODA to provide more details on a number of elements, but it's really important that local people take a look at the proposals

and make sure their views are heard."

The council has raised issues about how accessible the Park will be for visitors and the local community after 2012, as well as transport and congestion before and during the Games. Requests for better integration of the Park with Stratford City and Clays Lane have also been made in addition to calls for greater emphasis on reducing CO₂ emissions and other environment issues.

Everyone who wrote to the ODA about the original planning application for the site should have been sent a letter updating them and telling them how to find out more. Staff at the ODA's Planning Decisions Team's office in Burford Road, Stratford are also available to help.

Around 200,000 homes within a

2.5 mile radius of the site will have received leaflets about the applications and how to make comments.

FIND OUT MORE

ODA Planning Decisions Team
Unit A, 11 Burford Road, Stratford E15 2ST
The office is open from 9am to 5pm, Monday to Friday. No appointment is necessary.
Email: planning.enquiries@pdt.oda.gov.uk
Tel: 020 8430 6020
www.london2012.com/planning

Information on the planning applications and how to comment is available in many languages, large print, easy read and Braille via the email address above. Or log on to www.newham.com/2012Games



WITH A PLACE IN THE LONDON TRIATHLON WITH THE NEWHAM MAG

Would you like the opportunity to swim, cycle and run in London's largest multi-sport event? If you have a reasonable level of fitness and own your own roadworthy bicycle, this event is for you.

The London Borough of Newham, GLL (Greenwich Leisure Limited) and The Michelob ULTRA London Triathlon have teamed up to offer four Newham residents the chance to compete at this year's event.

Along with free entry to the race, London Triathlon Ltd will also provide you with a pair of Asics trainers, an Orca wetsuit to train and race in, and nutritional, training and motivational advice.

To enable you to train for the race, GLL, which manages Newham's leisure centres, has offered the winners a year's membership of its four leisure centres in the borough.

Peter Bunday, deputy managing director for GLL, says: "This is a fantastic initiative. GLL recognises the value of providing access to quality training facilities to athletes who are aiming to participate in the Triathlon.

"We are delighted to join forces with the London Borough of Newham, the London Triathlon Ltd and the Newham Mag to support the project."

Mayor Sir Robin Wales says: "Newham is such a great backdrop for national and international events and the fact that the London Triathlon starts here is yet another achievement for us in terms of the lead up to 2012.

"Whether people have entered the event or not, getting involved as a community is just as important, and I hope the residents of Newham get out into the sunshine and enjoy the day."



For your chance to win, please send your name, address and telephone number, along with a brief statement of no more than 30 words on why you should be selected, to:

London Triathlon Competition
Healthy Living and Sport
292 Barking Road
East Ham
London E6 3BA

The closing date for entries is **Saturday 2 June**.
The competition is open to Newham residents over 18 years of age.

Newham



Introducing...

NEWHAM ALL STAR SPORTS ACADEMY (NASSA)



All Ages • Boys & Girls • Lots of Fun!

Football • Basketball • Volleyball

Info: Natasha - 07985 281 581

www.nassa2012.org.uk



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- 15 rooms for groups of 6 – 150
- most with wheelchair access
- £60 to £192 per day
- with multimedia projector, video, flipchart
- off-street parking for 120 cars
- Café – meals, snacks & refreshments
- Media Services – one-stop print shop.

*Not available for party hire.

CREDON CENTRE

0208 430 5934 www.npd.newham.gov.uk



City of London Cemetery and Crematorium
Aldersbrook Road E12 5DQ

HERITAGE WALK

Sunday 10th June 2007

Sunday 15th July 2007

(Please telephone 020 8530 9837 for details)

NATURE WALK

Monday 18th June 2007

Monday 16th July 2007

(Please telephone 020 8530 9838 for details)

OUTDOOR CONCERT

Sunday 15th July 2007

3pm-5pm

(Please bring a deckchair and picnic if you wish)



Green Heritage Site



Tel 020 8530 2151 Fax 020 8530 1563

E-mail cityoflondoncemetery@cityoflondon.gov.uk

Website www.cityoflondon.gov.uk/cemetery

Free half-term fun

Don't be bored this half term. There's loads of free stuff going on for you and your mates to enjoy.

Sport Sessions

For 9-18 year olds unless otherwise stated. Call 020 8430 2484 for more details.

Tuesday 29 May

Football

10am-12.30pm
Langdon School

Badminton and Tennis

1-3pm
Langdon School

Fencing

11am-1pm
Lister School

Wrestling

1-3pm
Lister School

Gymnastics, under 17

10am-12noon
East London

Gymnastics Centre

Gymnastics, under 12

12noon-2pm
East London

Gymnastics Centre

Dance (SEN and disabilities)

call 020 8430 2484 for
more information

10am-1pm
Eastlea School

Dance

2-5pm
Little Ilford Youth Centre

Dance

2-5pm
Forest Gate Youth Centre

Dance

10am-1pm
Froud Centre

Multi Sports

10.30am-12.30pm
Memorial Park

Multi Sports

1.30-3.30pm
Canning Town
Recreation Ground

Multi Sports

1.30-3.30pm
Little Ilford Park

Multi Sports

10.30am-12.30pm
Plashet Park

Basketball (NASSA)

12.30-2.30pm
Plashet Park

Multi Sports (LOCSP), under 12

11am-1pm
New Beckton Park
Multi Sports (LOCSP),
under 15

1.30-3.30pm
New Beckton Park

Multi Sports (LOCSP)

11am-2pm
Stratford Park

Wednesday 30 May

Tennis

11am-2pm
Langdon School

Badminton

1-3pm
Langdon School

Fencing

11am-1pm
Lister School

Wrestling

1-3pm
Lister School

Football

10am-12.30pm
Little Ilford School

Multi Sports

10.30am-12.30pm

Memorial Park

Multi Sports

1.30-3.30pm
Canning Town
Recreation Ground

Multi Sports

1.30-3.30pm
Little Ilford Park

Volleyball

10.30am-12.30pm
Plashet Park

Basketball (NASSA)

12.30-2.30pm
Plashet Park

Multi Sports (LOCSP), under 12

11am-1pm
New Beckton Park
Multi Sports (LOCSP),
under 15

1.30-3.30pm
New Beckton Park

Twilight Football

5-8pm
Canning Town
Recreation Ground
Multi Sports (LOCSP)
11am-2pm
Stratford Park

Thursday 31 May

Badminton

11am-2pm
Langdon School

Judo

1-3pm
Langdon School

Fencing

11am-1pm
Lister School

Wrestling

1-3pm
Lister School

Football

10am-12.30pm
Little Ilford School

Gymnastics, under 17

10am-12noon
East London
Gymnastics Centre

Gymnastics, under 12

12noon-2pm
East London
Gymnastics Centre

Dance

2-5pm
Little Ilford Youth Centre

Dance

2-5pm
Forest Gate Youth Centre

Dance

10am-1pm
Froud Centre

Dance (SEN and disabilities)

call 020 8430 2484 for
more information

10am-1pm
Eastlea School

Multi Sports

10.30am-12.30pm
Memorial Park

Multi Sports

1.30-3.30pm
Canning Town
Recreation Ground

Multi Sports

2-4pm
Little Ilford Park

Girls Football

11am-1pm
Plashet Park

Basketball (NASSA)

12.30-2.30pm
Plashet Park

Multi Sports (LOCSP), under 12

11am-1pm

New Beckton Park
**Multi Sports (LOCSP),
under 15**
1.30-3.30pm
New Beckton Park
Multi Sports (LOCSP)
11am-2pm
Stratford Park

Friday 1 June

Wrestling

1-3pm
Lister School

Fencing

11am-1pm
Lister School

Table Tennis

12noon-2pm
Eastlea School

Judo

11am-1pm
Eastlea School

Karate

1-3pm
Eastlea School

Dance (SEN and disabilities)
call 020 8430 2484 for
more information

10am-1pm
Eastlea School
Gymnastics, under 12
10am-12noon

East London
Gymnastics Centre
Gymnastics, under 17
12noon-2pm

East London
Gymnastics Centre

Dance

2-5pm
Forest Gate Youth Centre

Dance

10am-1pm
Froud Centre

Dance

2-5pm
Little Ilford Youth Centre

Fencing

11am-1pm
Lister School

Wrestling

1-3pm

Lister School
Multi Sports Competition
10.30am-12.30pm
Memorial Park
Multi Sports Competition
1.30-3.30pm
Canning Town
Recreation Ground
Multi Sports Competition
1.30-3.30pm
Little Ilford Park
Multi Sports Competition
10.30am-12.30pm
Plashet Park
Basketball NASSA
12.30-2.30pm
Plashet Park
**Multi Sports (LOCSP),
under 12**
11am-1pm
New Beckton Park
**Multi Sports (LOCSP),
under 15**
1.30-3.30pm
New Beckton Park
Twilight Football
5-8pm
Canning Town
Recreation Ground
Multi Sports (LOCSP)
11am-2pm
Stratford Park

**North Woolwich Old
Station Museum**

Wednesday 30 May

Drop in craft day 1-4pm

Make little boxes to fill with pot
pour to take home with you.
For ages 5-12 accompanied
by an adult. The museum will
be open every day of the
half-term from 1-5pm.

Langdon School

Sussex Road,
East Ham E6 2PS
Buses: 15, 5, 238, 300

Lister School

St Mary's Road, Plaistow
E13 9AE Bus: 300

**East London Gymnastics
Centre**, Forbisher Road,

Beckton E6 4LX
Buses: 101, 472, 300, 262

Eastlea School

Exning Road, Canning Town
E16 4ND Bus: 276

Little Ilford Youth Centre

Rectory Road Manor Park
E12 6HA Bus: 147

Forest Gate Youth Centre

Woodgrange Road,
Forest Gate E7 0DH
Buses: 330, 58

Froud Centre

Toronto Avenue, Manor Park
E12 5JF Buses: 25, 75

Little Ilford School

Browning Road, Manor Park
E12 6ET Bus: 147

Memorial Park

Memorial Avenue E15
Bus: 69

**Canning Town Recreation
Ground**, Prince Regents,
Lane, Custom House E16

Buses: 147, 473

Stratford Park

Darnshan Road, Stratford E15
Buses: 238, 473, 262, 241

Little Ilford Park

Church Road, Manor Park
E12 Bus: 147

Plashet Park

Plashet Grove, East Ham
E12 Bus: 238

New Beckton Park

Savage Gardens, Beckton
E6 Buses: 101, 262, 474

North Woolwich Old

Station Museum, Pier Road,
North Woolwich E16 2JJ
Tel: 020 7474 7244

Newham City Farm

Stansfeld Road,
Beckton E6 5LT
Tel: 020 7474 4960

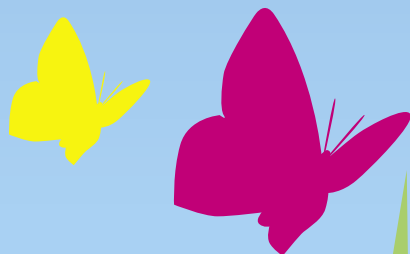
**AND EVEN AFTER YOU HAVE GONE
BACK TO SCHOOL, DON'T MISS...**

Newham City Farm

Sunday 10 June 12-4pm.

Annual sheep and wool open day

Watch sheep being shorn and wool being spun into
yarn. Have a go at making a piece of felt from wool
and have a go on the cart pulled by Blaze the
Shire Horse. There will also be a story-teller,
face painting, stalls and a bouncy castle, plus
all your favourite animal friends.



COMMUNITY FORUMS



PLAISTOW

Fresh fruit smoothies, shoulder massages and blood pressure checks were in hot demand at two free community forum health events in Plaistow and Manor Park last month.

Health was top of the agenda for more than 270 people who attended, with most giving their body a once over with a health MOT.

Kate Madaza and her seven-year-old son Daejuan were planning to stop at the Plaistow event for five minutes but ended up staying five hours because they had so much fun.

Kate says: "It was different to anything else I've been to and I really enjoyed it. The healing tent and juice bar were great for the kids and my son had an Indian head massage and loved it – he slept so well that night!"

Among the many stalls was



MANOR PARK

HANDS UP HIGH FOR HEALTH

information about complementary therapies, cancer awareness, mental health, quitting smoking, dentistry and drug awareness.

Newham Fit Club got people moving with exercise taster sessions and encouraged everyone to fight the flab and exercise for fun.

Community Lead Councillor for Plaistow, Joy Laguda, and forum steering group members began their day with a 2,000-step walk to the event.

Councillor Laguda says: "It was a very successful event and great to see so many people there. The emphasis was on health promotion and people were keen to have their blood pressure and body mass index checked and to get information about healthy eating."



It was a fresh fruit fiesta for five-year-old Zakariya Farooqzoi and his seven-year-old sister Amina Farooqzoi



Councillors Kay Scoresby and Khalil Kazi award 17-year-old raffle winner, Hannah Morgan with a stomach exerciser at the Manor Park Community Forum health event



Kate Madaza was pleased with the results of her blood pressure check at the Plaistow Community Forum health event

WHAT IS A COMMUNITY FORUM, WHICH IS MINE AND HOW CAN I GET INVOLVED? **CALL 0800 5194015 TO FIND OUT MORE**



FOREST GATE

ENTHUSIASM ABOUNDS AT FOREST GATE YOUTH EVENT

Eager young people learnt about what's happening in their area at a Forest Gate Community Forum youth event.

The free evening featured information about different youth activities and clubs along with presentations from youth organisations.

One of many speakers was 16-year-old Paul Amuzie from St Bonaventure's School, Forest Gate, who spoke about making Newham safer.

Paul said: "People asked lots of questions and were enthusiastic about wanting to help. It was definitely very encouraging and great to find out what people are doing to combat crime. We can help each other to make our community safer."

The other speakers from Newham Youth Parliament, Teenspirit, Woodcraft and the Emmanuel Youth Project, gave young people an insight into a wide range of topics, from protecting the environment to international aid and current affairs.

Community Lead Councillor for Forest Gate, Shama Ahmad, said: "It was a very successful event. Many of the young people who attended didn't know that youth organisations existed and were happy to find out about them."

"We should hold more events like this and also encourage young people as much as we can and give them a chance to guide us."



Pictured (l-r) Paul Amuzie, Anita Cumberbatch, Saad Butt, Councillor Shama Ahmed, Tranace Cumberbatch, Graeme Cambage, Eric Darko and Lydia Theaker



EAST HAM

EAST HAM YOUNG PEOPLE GET SET

Whether you want to join a sports club, get health advice or win an iPod – the East Ham youth event is not to be missed.

All young people keen to have be active and healthy should get amongst the action. There'll be information about different sports clubs and facilities and people to tell you more.

But that's not all – there'll also be a free raffle to win a signed t-shirt from boxing legend Amir Khan as well as an iPod and other great prizes!

Check out the advertisement on page seven to find out more.

East Ham Youth Event, Tuesday 22 May, 5-7pm

Main Hall, Newham Town Hall, Barking Road, E6 2RP

**it's our borough
play your part**

NEWHAM COMMUNITY FORUMS

>> Community Forums are for you to have your say about services in our borough and to help us, and you, make positive changes to your neighbourhood. There are nine community forums in Newham working to make each local area a safer, healthier and more interesting place to live.

To find out more call freephone 0800 519 4015, email community.forums@newham.gov.uk or visit www.newham.gov.uk/communityforums

COMMUNITY NEWS



EAST HAM

NEW CROSS AT ST BARTHOLOMEW'S

A striking piece of modern sculpture is now a feature of Barking Road in East Ham.

The new stone cross, designed by sculptor Nicholas Mynheer for St Bartholomew's Church, was dedicated by the Archdeacon of West Ham, Michael Fox.

Friends including Stephen Timms MP, Civic Ambassador Councillor Pearson Shillingford and members of the community, joined the congregation in the sunshine for prayers and a rousing version of the hymn *When I survey the wondrous cross*, accompanied by a steel band.

"It's a great day for St Bartholomew's and the parish," said vicar the Rev Jane Freeman. "We hope that the cross will become a familiar and loved part of the local landscape."



GREEN STREET

GREEN STREET ELDERS' DAY

Combine hand and foot massage, henna painting and health MOTs and you've got a taste of what was on offer at the Green Street Elders' day last month.

The event was held at Eastward Trust's Saathi Resource Centre, which is a voluntary organisation that works with people over 50 from all different communities.

It was organised by Newham Council as part of its 2012 voluntary sector engagement programme. More than 100 people turned out to have fun while learning more about the London Games and associated activities.



NEWHAM-WIDE

AWARENESS RAISED AT NEWHAM GENERAL ON WORLD ASTHMA DAY

Patients, staff and visitors to Newham General Hospital had the opportunity to find out about asthma at an awareness event held to celebrate World Asthma Day on 1 May.

Information and advice on action planning and general advice on asthma was available along with tests showing whether there are problems with the airways.

Piasille Simon, asthma nurse specialist, said: "Today has proven a real success in raising awareness of asthma and how to manage the condition. We've spoken to people who wanted to find out more about managing their condition and to people who wanted to gain a greater understanding as a family member or friend has asthma."

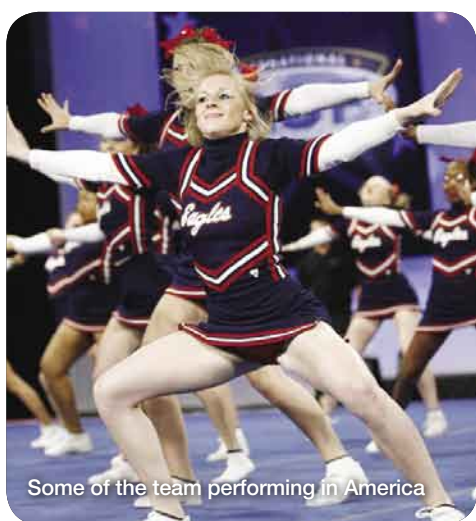


GOT A STORY FOR COMMUNITY NEWS? WE WANT TO HEAR FROM YOU. **EMAIL NEWHAM.MAG@NEWHAM.GOV.UK**



NEWHAM-WIDE

EAGLES BACK FROM WORLD CHAMPIONSHIPS WITH MEDALS GALORE



Some of the team performing in America

Ascension Eagles have returned home safely to Newham after their two-week tour of America.

Months of fundraising and training paid off for the cheerleading squad as the trip began with the all-girl team competing at Champion Spirit's US Challenge and winning seven trophies, including Grand Champions of the competition. Their trip was partly funded by Newham Council after Mayor Sir Robin Wales heard about their achievement.

The weekend of the World Championships, the competitors moved to Disney's All Star resort, in Orlando. Twelve teams advanced to the finals in the International All Girl Division. After delivering an energetic performance, the team had to wait for the verdict. Ascension Eagles were proud to be included in the top ten. Last year they were ranked 12th in the world; this year they placed seventh.

Eagles' director Shara Brice, said: "We are taking home eight trophies, but even more importantly, we are taking home a transformed team that gave their best and will now invest all they learned in the sport of UK cheer, and also in their personal lives." For more information visit www.ascensioneagles.com.



FOREST GATE

Have you ever wanted to be an athlete for a day and have a go at Olympic sports?

Now's your chance with a series of sports fun days being held across Newham.

People of all ages can try their hand at a range of Olympic sports like volleyball, football, badminton, athletics, martial arts, table tennis and even trampolining.

The fun days are also a great chance to find out more about the London Games.

At the Forest Gate event on Saturday 26 May, there'll be an information stand where you can ask questions and meet the London 2012 organisers.

And when you're ready to retire from the sports pitch you can enjoy the free



PLAISTOW

FUN DAYS FIESTA

entertainment, face-painting, a t-shirt workshop or the bouncy castle.

Forest Gate fun day

Saturday 26 May, 1-5pm

**Forest Lane Park,
Magpie Close,
Forest Gate E7**

Plaistow fun day

Saturday 2 June, 1-5pm

**Plaistow Park,
Greengate Street,
Plaistow E13**



Get active at a choice of fun days

Kids' Corner

PLEASE SEND YOUR
DRAWINGS, JOKES
AND POEMS TO:

KIDS' CORNER,
NEWHAM TOWN HALL,
EAST HAM E6 2RP

Gallery

Jokes

by Manish Bhudia, 9

Why did Goofy put his
clock under his desk?
**Because he wanted
to work overtime!**

Why do turkeys eat so
little? **Because they
are always stuffed!**

What is the best day to
go to the beach?
Sun-day of course!



Nilab Follad, 11



Tahmida Begum, 10



Maria Mahfooz, 11



Shan Khan, 10

Winner

Winner

Winner

My family
by Yasmin, 9

I love my family very much
They always care for me
And they also love me very much
Because they are my family

They always work very hard
Because they are busy

They always try their best
Because they are my family

And I am glad I wrote this poem
Just to help you see
That everybody should be happy
With their family

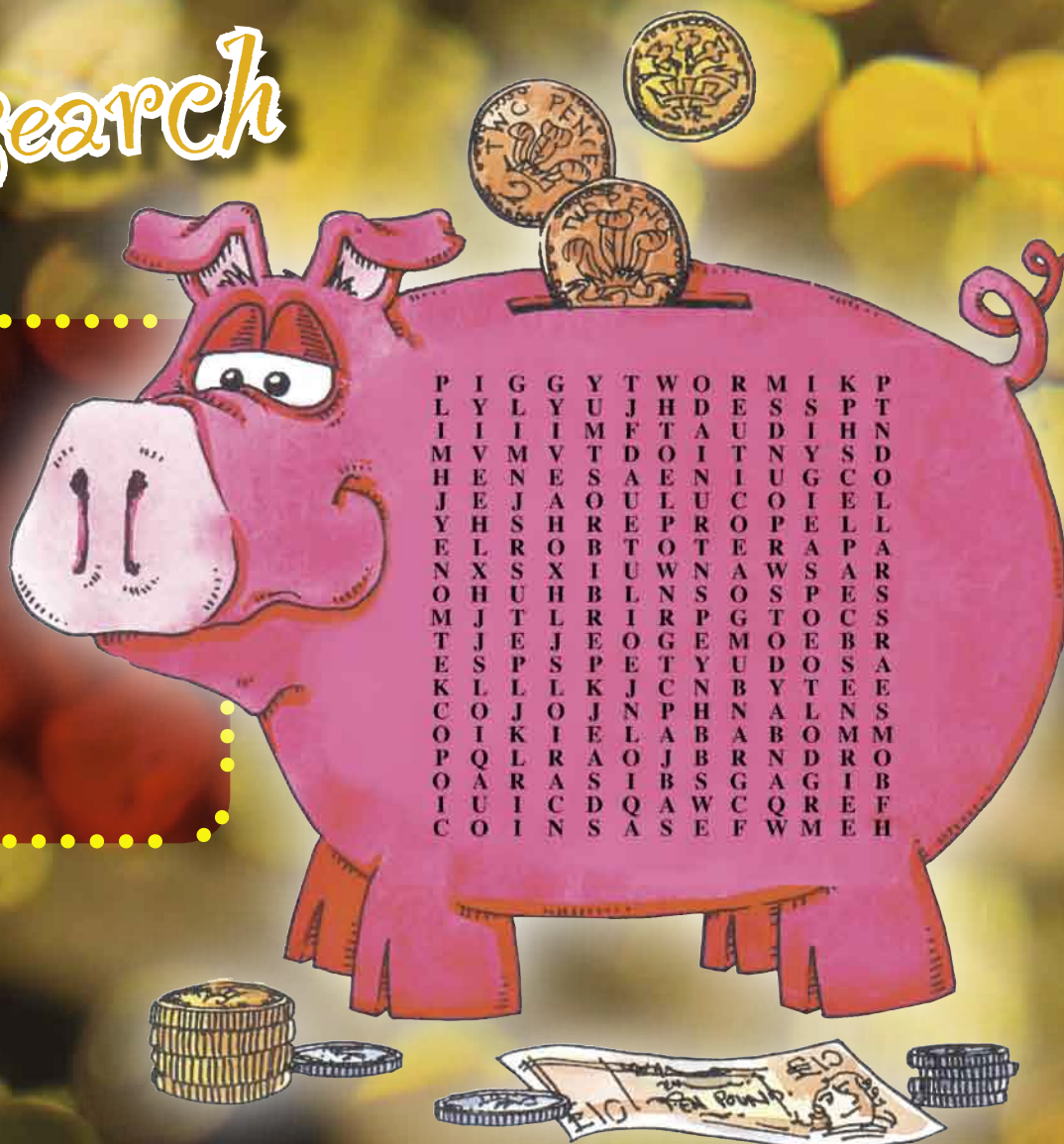
Poem

Wordsearch

One of the following
words is not in the grid
– which word is missing?

Banks	Pennies
Change	Piggy
Coins	Pocket
Currency	Money
Dollars	Pounds
Euros	Roubles
Guineas	Savings
Notes	Yen

Answer: Savings



P	I	G	G	Y	T	W	O	R	M	I	K	P
L	I	L	I	U	J	H	D	E	S	S	H	N
M	V	M	V	M	F	T	A	U	D	I	S	D
H	E	N	E	T	D	O	I	N	N	Y	G	O
J	H	S	A	O	E	L	C	O	P	E	L	L
Y	E	L	S	R	O	R	E	P	R	A	P	A
N	X	H	O	B	T	U	N	O	W	S	P	E
O	H	U	H	I	B	L	N	S	O	S	P	E
M	J	T	L	R	I	R	G	M	T	O	C	B
T	J	E	P	E	O	E	T	Y	M	O	D	B
E	S	L	L	J	P	C	N	B	D	Y	L	E
K	O	J	O	J	N	P	H	A	B	N	M	R
C	O	I	R	A	E	L	A	B	R	G	A	G
P	Q	L	R	A	O	J	B	S	G	Q	R	E
O	A	R	A	S	I	A	B	S	G	Q	R	E
I	U	I	C	D	Q	A	S	E	F	W	M	E
C	O	I	N	S	A	S	E	F	W	M	E	H



Thames Barrier Park is open from 7am-7.30pm
The Prime Coffee Shop is open from 10am daily

Sponsored by Thames Barrier Park, North Woolwich Road,
London E16 www.thamesbarrierpark.org.uk

SUPPORTED BY
LONDON
DEVELOPMENT
AGENCY
WORKING FOR THE MAYOR OF LONDON

Preparing students to take full advantage of the fantastic opportunities that are becoming available in Newham and the East London area. That was the key message presented to an audience of senior managers at the Business Awareness Raising UK forum at Newham College of Further Education last month.

The breakfast event was aimed at strengthening and widening membership of the Career Academy Advisory Board, the steering group which builds on links with employers.

Speakers included Stephen Timms MP for East Ham and John May, chief executive of the Career Academy, both of whom had attended the launch event in November 2005. John talked about the career opportunities available to young people and the need to develop the skills of our students so they can take full advantage of them. Stephen listed the amazing developments taking place locally, of

which the 2012 Olympics is the most well known, that will transform the area and provide countless new job opportunities.



Working with employers to secure a future for the Career Academy students

The Big Idea



Top row left-right: Rebecca Hendry, Nataliya Tront, Shahab Akbar, Sharon Phiri, Iqra Ahmed, Faria Khan and Simraj Asif Bottom row left-right: Mohammed Razaq, Sigita Vaigauskaite (winner) and Sophia Jama

More than 100 Newham College business students were inspired to start their own businesses as part of Enterprise Week, with a prize of £1,000 to the winner to help towards start up costs.

With support from expert advisors, the students were put through their paces to present their ideas to a Dragons Den-type panel made up of senior college staff and employers. The panel chose seven business ideas from the 36 presented to progress to the second stage.

Ideas included a breakfast cereal bar, nursery, jewellery manufacturing, t-shirt printing, a juice machine and many more.

Winner Sigita Vaigauskaite's idea was a calorie controlled meal delivery service called Nutrition Care. A nutritionist will

design a personalised food plan for the client and the meals will be delivered to their homes.

Hearing she had won, Sigita was completely overwhelmed: "I can't believe I have won, there were so many wonderful ideas and the competition was really tough!"

Newham College of Further Education is taking its enterprising young people seriously. Through the Centre of Vocational Excellence in Enterprise it will be supporting more students next year to start their own businesses and create their own pathways into employment.



For specific information and advice about all council services call: 020 8430 2000 or visit your Local Service Centre. For general information log on to www.newham.gov.uk

Councillor surgeries: To find out who your councillor is and surgery dates call 020 8430 2000 or log on to www.newham.gov.uk/yourcouncillor

WHAT'S ON?



LIBRARIES

Beckton Globe 1 Kingsford Way, E6 5JQ. 020 8430 4063
Canning Town Barking Road, E16 4HQ. 020 7476 2696
Custom House Prince Regent Lane, E16 3JJ. 020 7476 1565
East Ham High Street South, E6 6EL. 020 8430 3647
The Gate 4-20 Woodgrange Road, Forest Gate E7 0QH. 020 8430 3838
Green Street 337-341 Green Street, E13 9AR. 020 8472 4101
Manor Park Romford Road, E12 5JY. 020 8430 2207
North Woolwich 5 Pier Parade, E16 2LJ. 020 8430 5900
Plaistow North Street, E13 9HL. 020 8472 0420
Stratford 3 The Grove, E15 1EL. 020 8430 6890
Archives and Local Studies: 020 8430 6881

UNDER 5s GROUPS

Storytelling – Stories, rhymes and crafts for children under five with their parents and carers.
Beckton Globe Every Friday 10-11am
Canning Town Every Monday

10.30-11.30am
Custom House Every Tuesday 10.30-11.30am
East Ham Every Wednesday 2-3pm
The Gate Every Friday 11am-12noon
Green Street Every Thursday 10.30-11.30am
Manor Park Every Thursday 10.30-11.30am
North Woolwich Every Friday 11am-12noon
Plaistow Every Tuesday 11am-12noon
Stratford Every Tuesday 11am-12noon and every Friday 2-3pm
Crafts Club – Open to children under five with their parents and carers.
Manor Park Every Tuesday 10.30-11.30am
Stratford Every Monday 10.30-11.30am
Toy Library – Open to children under five with their parents and carers.
Beckton Globe Every Monday 10am-12noon and every Thursday 1-3pm
East Ham Every Tuesday 10am-12noon and every Thursday 10am-12noon
Messy Play – Open to children under five with their

parents and carers.

Beckton Globe Tuesdays during school term 1.30-2.30pm

Imaginative Play – Open to children under five with their parents and carers.

East Ham Every Friday 10.30-11.30am

ADULT READING

Adult Reading Group – Explore the pleasure of reading in a friendly environment.
East Ham Monday 21 May 6.15-7.45pm
The Gate Tuesday 5 June 6.30-7.30pm
Stratford Monday 11 June 6.30-7.30pm
Tamil reading group – Discover more about the range of books available in the Tamil language.
East Ham Wednesday 13 June 11am-1pm
Women-only Urdu reading group – Read novels, short stories and poetry.
The Gate Tuesday 12 June 5.30-7.30pm
Over 50s reading group – Explore the pleasure of reading in a friendly environment.
Beckton Tuesday 5 June

9.45-11.45am

Plaistow Thursday 7 June 6.45-7.45pm

OTHER GROUPS

Over 50s Club – Enjoy a range of activities for the over-50s.
Beckton Every Tuesday 9.45-11.45am
Click-On – Free introduction to computers for the over-50s.
East Ham Friday 1 June 10am-12noon and 2-4pm
North Woolwich Friday 15 June 10am-12noon and 2-4pm
Plaistow Friday 22 June 10am-12noon and 2-4pm
Open Doors – Free computer training on disability access suite and software.
Canning Town Tuesday 29 May and Tuesday 5 June 10am-12noon
Writers Group
East Ham Thursday 7 June 5.30-7.45pm
The Gate Tuesday 19 June 5.30-7.45pm
Teen Xtra Evenings – Free activities for young people aged 12-to-21.
The Gate Every Friday 6-8pm

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